



SUNDAY BULLETIN

Sunday 5 July 2026

Trinity 5

SERVICES TODAY:

— Outside our usual pattern of worship

8.00 am **Holy Communion (BCP)**

Celebrant &

Preacher: The Reverend Canon Charles Jenkin

9.00 am **All-Ages Eucharist**

President: The Dean

Preacher: Fiona Knapp, Children's and Families' Minister

10.30 am **Choral Eucharist (L)**

Choir: St Edmundsbury Singers and Vicars Choral

President: The Dean

Preacher: The Reverend Canon Dr Andrew Todd

Hymns: A&M 608, 506, 669

Setting: *Charles Wood* in the Phrygian Mode

Anthem: *Ave verum*

William Byrd

Voluntary: *Sonata No. 7, Op. 127, mvt. 1*

Josef Rheinberger

3.30 pm **Choral Evensong (L)**

Choir: St Edmundsbury Singers and Vicars Choral

Hymns: NEH 383 (omit *), 381

Responses: *Clucas*

Psalm: 56

Canticles: *Herbert Brewer* in E flat

Anthem: *Give unto the Lord*

Edward Elgar

Voluntary: *Carillon-Sortie*

Henri Mulet

SERVICES IN THE WEEK AHEAD:

Details of this week's services can be found on the Cathedral's website or on service booklets throughout the Cathedral, but please check as they may be subject to change: stedscathedral.org.

St Edmundsbury Cathedral runs on the generosity of our community and your donation will help to ensure that our work can continue. You can donate via our Gift Aid envelopes, our tap boxes on entry or exit, or by scanning the QR code here (using the camera on your mobile phone or tablet) and [donating via our website](#). We are very grateful for your support!

SCAN ME



The Cathedral Office, Angel Hill, Bury St Edmunds, IP33 1LS

Tel: 01284 748720 (out of hours 01284 748736)

cathedral@stedscathedral.org

NOTICES THIS WEEK:

Kagera Stall, Sunday 5 July:

There will be a stall after the 9.00 am and 10.30 am services today selling craft work from our Link Diocese in Tanzania. Books will be available in exchange for a donation.

Parish Visit, Sunday 5 July:

Today, at Choral Evensong, we are pleased to welcome pilgrims from the Four Rivers Benefice in Hoxne & Hartismere Deanery. All are welcome.

First Tuesday Lunch, Tuesday 7 July at 12 noon:

First Tuesday lunch will be held in Pilgrims' Kitchen from 12 noon on 7 July. People buy their own lunch at the counter which is served at reserved tables. An opportunity to chat with others from the Cathedral community. Tea/coffee is provided.

Hymn Singalong, Tuesday 7 July at 2.00 pm:

Come along to St Edmundsbury Cathedral on Tuesday 7 July at 2.00 pm and join together to sing favourite hymns. This is for everyone, but especially those living with dementia or similar conditions, and their carers. Refreshments will be served afterwards, to which you are very welcome.

Guild Get-Together, Thursday 9 July at 10.00 am:

The next Guild Get-Together is on Thursday 9 July. This will take place at 10.00 am in the Edmund Room as usual and will take the format of a fundraising coffee morning in aid of the charity established by Sue Long in memory of her son who was killed two years ago in an aircraft disaster. She will be speaking about that and her work for the Hospice.

Friends Concert at Snape Maltings, Thursday 23 July:

The Friends of the Cathedral are organising a special concert at Snape Maltings to be held on Thursday 23 July. We are fortunate that the St Martins Voices, together with Zeb Soanes from Classic FM, are coming – the title of the concert “THE FAIREST ISLE”. We are raising money towards restoration work for the Great West Doors and the Great West Window. We are arranging a coach from Bury. Please contact Sue Cockram at sue@friendsevents.co.uk for more information.

Tools with a Mission:

An enormous thank you for the many donations for TWAM (Tools with a Mission). We filled a Land Rover and trailer and the donations were delivered to TWAM in Ipswich. The tools will go on to support training and development projects in Tanzania and Burundi. We will continue to welcome donations of goods. If you have reading glasses which you no longer require we would be pleased to have them for delivery to the Diocesan hospital in Kagera. They are unable to use bifocal or varifocal glasses. Our Diocese has supported the specialist training of a doctor to become an ophthalmologist, who takes up his new role in October. Dr Elian Ethan would be very grateful to receive them. Glasses should be given to Valerie Moore who can also provide information on TWAM.

Food Bank Reminder:

Donations of non-perishable food are requested next Sunday 12 July for the food bank. If you prefer to make a cash donation, please give this to Lorna Brook who will buy what is needed.

Reminder - Invitation to Richard and Natalie's Wedding:

A reminder that all members of the congregation are invited to Richard and Natalie's wedding here at the Cathedral on Saturday 19 September 2026, at 1.00 pm, followed by fizz on the garth. If you haven't done so already, please RSVP at <https://theknot.com/nataliewernerandrichardcook> to help give an idea of numbers.

Pastoral Support:

If you or someone you know in the Cathedral community would like support, please do let us know. Visits to home or hospital can be arranged, with Communion if wanted. Contact Pam Pitts on (01284) 763020, email pastoral.coordinator@stedscathedral.org or leave a note in the Pastoral pigeonhole in the Cathedral Office.

The full version of the Sunday bulletin is available by email. If you are not receiving the bulletin this way and would like to, please email us at reception@stedscathedral.org. You can also use the QR code here to [sign up via our website](#).

SCAN ME



Sunday Bulletin: copy deadline is 12 noon every Wednesday.

Send items to liturgy.admin@stedscathedral.org

NEXT SUNDAY, 12 July, *Trinity 6 / Sea Sunday*

- 8.00 am **Holy Communion**
- 9.00 am **All-Ages Eucharist**
- 10.30 am **Choral Eucharist**
- 3.30 pm **Valedictory Evensong**

COLLECT

Almighty and everlasting God,
by whose Spirit the whole body of the Church
is governed and sanctified:
hear our prayer which we offer
for all your faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

POST COMMUNION PRAYER

Grant, O Lord, we beseech you,
that the course of this world
may be so peaceably ordered
by your governance,
that your Church may joyfully serve you
in all godly quietness;
through Jesus Christ our Lord.
Amen.

READINGS TODAY:

THE FIRST READING:

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

Zechariah 9.9–12

THE SECOND READING:

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Romans 7.15–25a

THE GOSPEL READING:

At that time Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.

I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

Matthew 11.16–19, 25–30