

St Edmundsbury
Cathedral



All-Ages Eucharist

Sundays at 9.00 am



*"Jesus and the Samaritan Woman", JESUS MAFA, Cameroon
[Art in the Christian Tradition, Vanderbilt University]*

Third Sunday of Lent

8 March 2026

Welcome and Introduction

Priest: Let us worship God: Father, Son and Holy Spirit. **Amen.**
Priest: The Lord be with you **All and also with you.**

We sing **For all the faithful women
who served in days of old,
to you shall thanks be given;
to all, their story told.
They served with strength and gladness
in tasks your wisdom gave.
To you their lives bore witness,
proclaimed your pow'r to save.**

Herman G. Stuempfle

We share news we are grateful for, followed by:

Penitence – Saying Sorry

After words of introduction, we sing:

**All Kyrie eleison, kyrie eleison, kyrie eleison.
Christe eleison, Christe eleison, Christe eleison
Kyrie eleison, kyrie eleison, kyrie eleison**

The Ukrainian Kyrie

The priest prays words of God's forgiveness. (During Lent the Gloria is not sung.)

Bible Reading and Talk

We reflect on words from the Bible. This week's Gospel is John 4.5-42

Prayers and Lent Responses

We say prayers for the world, for people in need and for the church.

All Strong and mysterious, bright and holy.
God is on the side of love.
All Wise and questioning, just and joyful.
God is on the side of love.
All Wild and challenging, glorious and graceful.
God is on the side of love.

Peace

Priest: We have peace with God through Jesus
who has opened to us the way of grace.
The peace of the Lord be always with you
All and also with you.

The Offertory

The altar is prepared with bread and wine, and a collection is taken.

We sing **Recall the outcast woman
with whom our Lord conversed.
Christ gave her living water
to quench her deepest thirst.
Like hers our hearts are yearning,
Christ offers us his word.
Then may our lips be burning
to witness to our Lord.**

**We honour faithful Mary,
fair maiden, full of grace.
She bore the Christ, our brother,
to save our human race.
May we, with her, surrender,
ourselves to your command,
and lay upon your altar
our gifts of heart and mind.**

The Holy Communion

With this bread that we bring: **we remember Jesus.**
With this wine that we bring: **we remember Jesus.**
With all these gifts that we bring to God's table:
we remember Jesus.

At the beginning of the prayer over the bread and wine, we sing:

Priest The Lord be with you

All and also with you.

Priest Lift up your hearts.

All We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

During the prayer over the bread and wine, we sing:

Priest O Lord our God,

All We give you thanks and praise.

During the prayer we will sing the 'Sanctus' and 'Benedictus' (Wild Goose Resource)

Holy, holy, holy Lord: **Holy, holy, holy Lord,**
God of power and might: **God of power and might,**
heaven and earth are full: **heaven and earth are full,**
are full of your glory: **are full of your glory.**
Blessed is the One who comes: **Blessed is the One who comes**
in the name of the Lord: **in the name of the Lord.**
Hosanna in the highest! **Hosanna in the highest! x3**

The Lord's Prayer

Priest As Jesus taught us, so we pray:

All **Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Priest We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

*If you are used to receiving Holy Communion you are welcome to receive here today.
After the distribution of Communion, the following prayer is said by everyone:*

**God of truth, we have seen with our eyes
and touched with our hands the bread of life;
strengthen our faith that we may grow in love for you
and for each other; through Jesus Christ our Lord. Amen.**

The Blessing and Dismissal

Following any thanks, notices and the Blessing, our service ends with:

We sing **O God, for saints and servants,
those named and those unknown,
in whom through all the ages
your light of glory shone,
we offer glad thanksgiving
and fervent prayer we raise
that, faithful in your service,
our lives may sing your praise.**

Are you ready to go out into the world to share God's love?

All **We are!**

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen**