

Notices this week

Fairtrade Stall - TODAY, Sunday 28 January: There will be a Fairtrade Stall after the 10.30 am Eucharist TODAY (Sunday 28 January), with supplies of various teas and coffees, new flavours of chocolate, dried fruit, biscuits, toiletries and cards. Contactless payment available. Please do support this important part of the Cathedral's peace and justice work: as well as ensuring fair wages and conditions for producers, profits from these goods go direct to fund projects overseas.

The Canon Precentor this Sunday, 28 January: Canon Philip will be presiding and preaching at the St Botolph Chapel of Ease in Botesdale this Sunday morning, 28 January.

Chamber Choir of the Royal Hospital School, Ipswich - Evensong on Monday 5 February: We are delighted to welcome the Chamber Choir of the Royal Hospital School, Ipswich to sing 5.30 pm Evensong at the Cathedral on Monday 5 February. Do come along if you can.

Together on Tuesday - 13 February 2.00 pm: Together on Tuesday is for anyone who might find a longer service difficult but still enjoys singing and praising God. This short communion service in the Edmund Chapel is informal, friendly, and also suitable for those with dementia and their carers. Refreshments and cake will be served afterwards, to which you are warmly welcome. For more information, please contact the Reverend Anita Rooney at anitarooney@stedscathedral.org.

Lent Course at St Edmundsbury Cathedral: Join us either virtually or in person this Lent for 'Come and see', our Lent course at St Edmundsbury Cathedral. Using new material from the forthcoming book, *Meeting God in John* by David Ford, Divinity Emeritus at the University of Cambridge, we will reflect upon how John's Gospel draws us into a deeper relationship with Jesus Christ who is 'The beginning and the end' and 'in whom all things were made'. There are two opportunities to join 'Come and see' this Lent, with five sessions presented online and five offline.

Lent online: Wednesdays from 21 February to 20 March, 7.00 pm – 8.30 pm. Please email chris.eyden@stedscathedral.org to receive the Zoom link. **Lent at Lunchtime:** Thursdays in the Cathedral Learning Hub from 15 February, 1.30 pm – 3.00 pm. Participants are also invited to have a simple lunch from 12.30 pm at a small cost. Please book a place on the in-person course using [this link](#) and choose either the free-to-attend Lent course, or the Lent course with lunch (£5.00 per session). Spaces are limited.

Dinosaur Half Term: We have some very prehistoric activities this February half term in the Cathedral! TeachRex is returning on Wednesday 21 February for two 90-minute sessions of learning, music and fun which include photo time with the dinosaurs. Sessions are 10.00 am – 11.30 am and 2.00 pm – 3.30 pm. For tickets, click [here](#). For free-to-attend activities, join our prehistoric family crafts on Tuesday 20 February, 10.00 am - 12 noon and Thursday 22 February, 2.00 pm - 4.00 pm. For children aged 4-11 and their families. All children must be accompanied. Please only book a ticket for the children attending, not the adult/s. Booking [here](#).

Concert of Hope - Friday 23 February, 7.00 pm: Join us at the Cathedral for a special fundraising concert marking the anniversary of the Russian invasion of Ukraine. Money raised from the concert will go to First Children's Hospice in Nadvirna, Ukraine which is supported by UK-based Hospices of Hope who are organizing the concert. The concert will feature music from Eileanora & Tap, who will present a lively programme of Jazz, Swing and Boogie Woogie, and Alina Rybina, a soprano who began her musical odyssey at the Odessa Music Academy in Ukraine and honed her skills at Morley College's opera course in London and The Buskerteers Choir. Tickets are just £10 for adults and free for children. Get tickets [here](#).

Penny Bentley's Steps: A huge thank you to members of the Cathedral community who supported my 7 x 7000 steps challenge for MND. I completed my steps each day, encouraged by your support, warm words and memories of Richard. Thanks to all the donors' generosity, my JustGiving page raised £4,676: enough to fund a year's clinical trial into the disease. Thank you all so much.

The full version of the weekly bulletin is available by email. If you are not receiving the bulletin this way, please email Naomi (see below).

Weekly Bulletin: copy deadline is **12 noon every Thursday**. Send items to Naomi Sturges at liturgy.admin@stedscathedral.org

Welcome to St Edmundsbury Cathedral

www.stedscathedral.org



WEEKLY BULLETIN

Sunday 28 January 2024

The Fourth Sunday of Epiphany

Welcome, in the name of Jesus Christ, to the Cathedral. Whatever your background, it is good that you are here. If you are new to church, please make yourself known to the clergy or the wardens.

Babies and children: Families are very welcome. There are toys and books in the corner at the back of the Cathedral - just ask a steward. Toilets and baby changing facilities are in the Cathedral Centre - ask stewards for directions. Feel free to move in and out of church during the service.

Junior Church normally meets each week (in term time) during the first half of the service in the Cathedral Centre. All children and young people are warmly invited to join in - follow the procession with other children during the first hymn.

Holy Communion: If you do not normally receive Communion, please come forward with everyone else to receive a blessing. During Communion, please keep any valuables with you.

Gluten Free: If anyone requires a gluten free communion wafer, please speak to a warden - before the service if possible.

A hearing aid loop system operates in the Cathedral.

Photography and video: No photos or videos by members of the public are permitted during services and events, due to Safeguarding and Data Protection. The Cathedral may use photographs, video or livestream in which you may appear, and which could be used in the public domain including social media. If you or your family do not wish to be viewed on the livestream video feed for a service at which you are present, please let a warden know before the service.

SERVICES IN THE WEEK AHEAD

Details of this week's services can be found on the Cathedral's website but please check as they may be subject to change.

Cathedral Giving: One of the ways we express our response to God and love of the Cathedral is by committing ourselves to regular giving. This is vital to our flourishing. If you are not already in our scheme for giving, please contact Liz Steele at liz@lokersteele.co.uk who will help you decide how best to contribute, and explain about tax-efficient giving.

OPENING TIMES

Cathedral

Monday - Friday
10.00 am - 5.30 pm
Saturday 10.00 am - 4.00 pm
Sunday 12.30 pm - 3.00 pm

Cathedral Shop

Monday - Saturday
10.00 am - 5.00 pm
Sunday 11.30 am - 4.00 pm

Pilgrims' Kitchen

Monday - Saturday
9.00 am - 4.00 pm
Sunday 10.00 am - 3.00 pm

The Cathedral Office, Angel Hill, Bury St Edmunds, IP33 1LS
Tel: 01284 748720 (out of hours 01284 748736)
cathedral@stedscathedral.org

SERVICES TODAY

- 8.00 am Holy Communion**
Celebrant: The Canon Pastor and Sub Dean
- 9.00 am All-Age Eucharist**
President: The Canon Theologian
- 10.30 am Choral Eucharist + Junior Church**
President: The Reverend Anita Rooney
Preacher: The Venerable Sally Gaze
Hymns: A&M 698, 664, 563
Setting: Kleine orgelmesse *Haydn*
Motet: Benedictus, Kleine orgelmesse *Haydn*
Voluntary: Marche des Rois Mages *Dubois*
- Readers:**
Louise Stewart *First reading*
Andy Day *Second reading*
- Intercessions:**
Janet Banks
- 3.30 pm Choral Evensong**
Hymns: NEH 358, 280
Responses: *Radcliffe*
Psalm: 34
Setting: Evening Service in B flat *Stanford*
Anthem: Let all mortal flesh keep silence *Bairstow*
Voluntary: Master Tallis's Testament *Howells*
- 5.00 pm A Ceremony of Carols - Benjamin Britten**
St Edmundsbury Singers

Collect

God of all mercy,
your Son proclaimed good news to the poor,
release to the captives,
and freedom to the oppressed:
anoint us with your Holy Spirit
and set all your people free
to praise you in Christ our Lord.

Post Communion Prayer

Almighty Father,
whose Son our Saviour Jesus Christ
is the light of the world:
may your people,
illuminated by your word and sacraments,
shine with the radiance of his glory,
that he may be known, worshipped, and obeyed
to the ends of the earth;
for he is alive and reigns, now and for ever.

St Edmundsbury Cathedral runs on the generosity of our community and your donation will help to ensure that our work can continue. You can donate via our Gift Aid envelopes, our tap boxes on entry or exit, or by scanning the QR code here and donating via our website. We are very grateful for your support!

SCAN ME



Readings today

The Old Testament Reading

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'

Deuteronomy 18.15–20, NRSV

The New Testament Reading

A great portent appeared in heaven: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. She was pregnant and was crying out in birth pangs, in the agony of giving birth. Then another portent appeared in heaven: a great red dragon, with seven heads and ten horns, and seven diadems on his heads. His tail swept down a third of the stars of heaven and threw them to the earth. Then the dragon stood before the woman who was about to bear a child, so that he might devour her child as soon as it was born. And she gave birth to a son, a male child, who is to rule all the nations with a rod of iron. But her child was snatched away and taken to God and to his throne.

Revelation 12.1–5a, NRSV

The Gospel Reading

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' At once his fame began to spread throughout the surrounding region of Galilee.

Mark 1.21–28, NRSV