Local food banks - Donations collection Sunday 12 November: The two food banks in Bury St Edmunds, Gatehouse and Storehouse, are in urgent need of donations, in both cash and kind (non-perishable) as the cost-of-living crisis continues to bite. Storehouse is currently giving out 4 tonnes of food a month and are most grateful for what people from the Cathedral give them. We are therefore asking people to bring their donations to the Cathedral on the second Sunday of each month, when they will be collected and taken to the food banks for distribution. The next collection will take place TODAY, Sunday 12 November. Lorna Brook will be happy to continue to receive cash donations which she will spend on a monthly visit to Storehouse. Storehouse offer their heartfelt thanks for all the harvest gifts which have already been handed out to those in need.

No coffee TODAY, Sunday 12 November: A reminder that there will be no coffee after the morning service TODAY, Remembrance Sunday - 12 November.

Flowers this week: The flowers in the porch this week have been arranged by Carole Russell.

Together on Tuesday – 14 November 2.00 pm: Together on Tuesday is for anyone who might find a longer service difficult but still enjoys singing and praising God. This short communion service in the Edmund Chapel is informal, friendly, and suitable for those with dementia and their carers. Refreshments and cake will be served after the service, to which you are warmly welcome. For more information, please contact the Reverend Anita Rooney at anitarooney@stedscathedral.org.

Messy Messiah - Saturday 18 November, 6.00 pm: Join us for a unique performance of Handel’s famous oratorio. Messiah, with over 200 performers. As well as the usual adult choir and orchestra, there will be a children’s choir drawn from local primary schools, as well as up to 60 dancers. The evening will be introduced by Mr Handel himself, in full period costume. Not to be missed! Tickets on sale at £5 each (under 16s free) here.

Mothers’ Union meeting - Tuesday 21 November, 2.00 pm: The Cathedral Mothers’ Union would like to invite you to their meeting on Tuesday 21 November at 2.00 pm where there will be a talk in the Edmund Room by Sabine Dornbusch about the Bury Drop In. Please come if you can. There will be a small fee of £3. Coffee, tea and biscuits will be provided.

Talk at Moyse’s Hall Museum - Friday 24 November, 7.00 pm: Dr Francis Young is to give a talk at Moyse’s Hall on ‘The Franciscans in Medieval Bury St Edmunds’ on Friday 24 November at 7.00 pm. Tickets can be obtained from the Moyse’s Hall website or the Apex Box Office.

Sunday 8.00 am BCP Eucharist review - Saturday 2 December, 9.30 am: You are warmly invited to come to the Edmund Room to join this discussion with the Dean regarding the most appropriate location in the Cathedral’s various spaces for the weekly Sunday 8.00 am BCP Eucharist.

Welcome

Welcome, in the name of Jesus Christ, to the Cathedral. Whatever your background, it is good that you are here. If you are new to church, please make yourself known to the clergy or the warden.

Babies and children: Families are very welcome. There are toys and books in the corner at the back of the Cathedral - just ask a steward. Toilets and baby changing facilities are in the Cathedral Centre - ask stewards for directions. Feel free to move in and out of church during the service.

Junior Church normally meets each week (in term time) during the first half of the service in the Cathedral Centre. All children and young people are warmly invited to join in - follow the procession with other children during the first hymn.

Holy Communion: If you do not normally receive Communion, please come forward with everyone else to receive a blessing. During Communion, please keep any valuables with you.

Gluten Free: If anyone requires a gluten free communion wafer, please speak to a warden - before the service if possible.

A hearing aid loop system operates in the Cathedral.

Photography and video: No photos or videos by members of the public are permitted during services and events, due to Safeguarding and Data Protection. The Cathedral may use photographs, video or livestream in which you may appear, and which could be used in the public domain including social media. If you or your family do not wish to be viewed on the livestream video feed for a service at which you are present, please let a warden know before the service.

Services in the week ahead

Details of this week’s services can be found on the Cathedral’s website but please check as they may be subject to change.

Cathedral Giving: One of the ways we express our response to God and love of the Cathedral is by committing ourselves to regular giving. This is vital to our flourishing. If you are not already in our scheme for giving, please contact Liz Steele at liz@lokersteele.co.uk who will help you decide how best to contribute, and explain about tax-efficient giving.

Opening times

Cathedral
Monday - Friday
10.00 am - 5.30 pm
Saturday 10.00 am - 4.00 pm
Sunday 12.30 pm - 3.00 pm

Cathedral Shop
Monday - Saturday
10.00 am - 5.00 pm
Sunday 11.30 am - 4.00 pm

Pilgrims’ Kitchen
Monday - Saturday
9.00 am - 4.00 pm
Sunday 10.00 am - 3.00 pm

The Cathedral Office, Angel Hill, Bury St Edmunds, IP33 1LS
Tel: 01284 748720 (out of hours 01284 748736)
cathedral@stedscathedral.org

Weekly bulletin: copy deadline is 12 noon every Thursday. Send items to Naomi Sturges at liturgy-admin@stedscathedral.org
Readings today

The Old Testament Reading

In days to come
the mountain of the Lord’s house
shall be established as the highest of the mountains,
and shall be raised up above the hills.
Peoples shall stream to it,
and many nations shall come and say:
‘Come, let us go up to the mountain of the Lord,
to the house of the God of Jacob;
that he may teach us his ways
and that we may walk in his paths.’
For out of Zion shall go forth instruction,
and the word of the Lord from Jerusalem.
He shall judge between many peoples,
and shall arbitrate between strong nations far away;
they shall beat their swords into ploughshares,
and their spears into pruning-hooks;
nation shall not lift up sword against nation,
neither shall they learn war any more;
but they shall all sit under their own vines
and under their own fig trees,
and no one shall make them afraid;
for the mouth of the Lord of hosts has spoken.
For all the peoples walk,
each in the name of its god,
but we will walk in the name of the Lord our God for ever and ever.

Micah 4.1–5, NRSV

The New Testament Reading

Rejoice in the Lord always; again I will say, Rejoice.
Let your gentleness be known to everyone. The Lord is near.
Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Philippians 4.4–9, NRSV