



All-Age Eucharist



'The Woman Bent Over and the Leader of the Synagogue as the Screamer' from 'The Women with Jesus' series by Glenda Skinner-Noble 2012 (After 'The Scream' by Edvard Munch 1893)

'Freedom!'
21 August 2022

Sundays at 9.00 am

Welcome to St Edmundsbury Cathedral

for today's weekly Sunday All-Age Eucharist Service

Please stay for refreshments and conversation in Pilgrims' Kitchen following the service.

Welcome and Introduction

Priest: We meet in the name of the ✠ Father, and of the Son,
and of the Holy Spirit. **Amen.**

Priest: The Lord be with you

All and also with you.

Following words of welcome and introduction the priest may say a prayer or

**We sing Alleluia! Alleluia! Raise the gospel over the earth!
Alleluia! Alleluia! Peace and justice bringing to birth!**

**Blessed those whose hearts are gentle.
Blessed those whose spirits are strong.
Blessed those who choose to bring forth
right where there is wrong.**

**Blessed those who work for justice.
Blessed those who answer the call.
Blessed those who dare to dream
of lasting peace for all.**

Penitence – Saying Sorry

The priest then introduces the confession, and invites everyone to join in with:

Lord have mercy.

All Lord have mercy.

Christ have mercy.

All Christ have mercy.

Lord have mercy

All Lord have mercy.



The priest prays words of God's forgiveness.

The Gloria – a Song of Praise and Thanks

Having been forgiven we echo the song of the angels by singing repeatedly in a round:

We sing Gloria! Gloria! In excelsis Deo!
Gloria! Gloria! Alleluia! Alleluia!

Taize Gloria



Bible Reading and Talk

We hear and think about words from the Bible.

Prayers and Peace

We say prayers of thanks together, praying for the church, the world and those in need. Then we share God's peace with one another.

Priest: The peace of the Lord be always with you

All and also with you.

The Offertory

As a community we bring the bread and wine to the altar table and an offering of ourselves: our time, our money and our skills.



We sing *Alleluia! Alleluia! Raise the gospel over the earth!
Alleluia! Alleluia! Peace and justice bringing to birth!*

Tremble, you who build up riches.
Tremble, you with opulent lives.
Tremble, when you meet the poor
and see Christ in their eyes.

Tremble, you who thirst for power.
Tremble, you who live for acclaim.
Tremble, when you find no comfort
in your wealth and fame.

Everyone is then invited to gather around the altar table for

The Holy Communion – Jesus in Bread and Wine

With this bread that we bring: **we remember Jesus.**

With this wine that we bring: **we remember Jesus.**

With all these gifts that we bring to God's table: **we remember Jesus.**

At the beginning of the prayer over the bread and wine, we sing:

Priest The Lord be with you
All **and also with you.**

Priest Lift up your hearts.
All **We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.
All **It is right to give thanks and praise.**



During the prayer over the bread and wine, we echo the tune as we sing:

Priest O Lord our God **All: We give you thanks and praise.**

During the prayer we will sing the 'Sanctus'

Holy, holy, holy is the Lord.)
Holy is the Lord God almighty.) Repeat
Who was and is and is to come,
Holy, holy, holy is the Lord.

Author: unknown

The Lord's Prayer

Priest And now as Jesus taught us, so we pray:

All **Our Father, who art in heaven,**
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil.

For thine is the kingdom, the power and the glory,
for ever and ever. Amen.



Priest We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

If you have been confirmed in the Church of England, have been admitted to Holy Communion or are used to receiving Holy Communion in your own church you are welcome to receive today. If you prefer not to drink from the common cup, be reassured that in Holy Communion in bread alone is in all its fullness. If you do not yet receive Holy Communion, we will offer a short prayer of blessing. As you remain in your seat during the distribution do please reflect on the themes of today's service, pray for those around you and listen to the music that is played.

After the distribution of Communion, the following prayer is said by everyone:

**Almighty God,
we thank you for feeding us
with the body and blood of your Son, Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

The Blessing and Dismissal

Following any thanks, notices and the Blessing, our service ends with:

We sing ***Alleluia! Alleluia! Raise the gospel over the earth!
Alleluia! Alleluia! Peace and justice bringing to birth!***

Glory, like the stars of heaven.

Glory, like the sun in the sky.

Glory, shines upon all people, equal in God's eyes.

Glory to the Word of Justice.

Glory to the Spirit of Peace.

Glory to the God of Love whose blessings never cease.

Owen Alstott (b. 1947)

Priest Are you ready to go out into the world to share God's love?

All **We are!**

Priest Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**



From **September** we will be introducing a '**collection plate**' to the 9am service: offering something of ourselves along with the bread and wine at the offertory. For now you can leave an offering in any of the Cathedral's collection boxes or by tapping your card/device on one of the giving terminals. If you are a UK tax payer, please complete a gift aid envelope. If you prefer to give regularly by direct debit, please ask about the **Parish Giving Scheme**.

Subscribe to the weekly **Bulletin** via www.stedscathedral.org and discover the different ways you can get involved in the life of the Cathedral.

We are always glad to hear from you! Please be in touch with Revd Sarah Geileskey by email at curate@stedscathedral.org or on 01284 748720