

St Edmundsbury  
Cathedral



**Young  
Families**

## **What is Young Families?**

Young Families is a group for parents, grandparents/carers and toddlers to play, relax, enjoy a safe space, encourage one another and meet new people.

## **When?**

We meet every **Friday from 10.00 am**. We usually start putting away toys about 11.30 am.

## **Where?**

We meet in **St Edmundsbury Cathedral's Edmund Room**. Follow the signs upstairs when you are at the Cathedral. There is a lift for those with buggies and prams, or stairs for those who can manage them.

## **What happens?**

There are lots of toys for the children to play with. Young babies can play on the mats and older children can move around the room freely. Adults usually play with their children and chat with other parents. We always have a supply of biscuits and juice for the children. Tea and coffee are available for adults.

During term time at **10.00 am in the Cathedral** all are welcome to enjoy 15 minutes of singing, storytelling, music and movement at **Diddy Disciples**. Simply join us in the Cathedral or if you prefer, we can help you to find your way from the Edmund Room.

## **Do I need to pay?**

There is no sign-up fee. Refreshments are also free.

## **What if I don't know anyone?**

Don't worry! We have lots of new families popping in. Someone will be there to look out for you, and we can introduce you to other families.

### **Is my child safe?**

Yes, we ensure that all our Cathedral volunteers are appropriately vetted and have received safeguarding training as necessary. We do our best to ensure the room is secure and safe.

### **Can I leave my child with you?**

**No.** We ask that adults stay with room with them for the duration of the session.

### **Who goes to Young Families?**

Young Families is made up of a range of people who bring their children to the group. Children are usually aged from 0 to 5 (pre-school), but during half term weeks and on other occasions we welcome older children too.



### **Do I have to be a Christian to come?**

**No.** We are made up of Christian families and those of other faiths or of no faith. **We welcome all!**

**See:** <https://stedscathedral.org/activities/young-families/>





# Exploring Baptism?

We are glad to explore Baptism (known as Christening) with you!

Contact the Cathedral's Canon Pastor,  
Matthew Vernon.


Email: [liturgy.admin@stedscathedral.org](mailto:liturgy.admin@stedscathedral.org)

Tel: (01284)748720 or (01284)748733  
(Office hours)

## All welcome

If you are thinking about baptism, then you might like to join us on Sunday morning at 9.00 am for an engaging and informal 35-minute All Age Eucharist Service for the young and the young at heart, the old and the not yet old!

Those with young families are especially welcome.

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Sundays 9.00 am

### All-Age Eucharist

New to Church? Looking for something different?  
Wondering if this is for you? Come, taste and see!  
For the old and the not yet old, the young and the young at heart; all are welcome to join this relaxed, informal and engaging 35 minute service.