

St Edmundsbury
Cathedral



A thousand years of God's love in Suffolk

Sung Eucharist
on the
Second Sunday of Easter

11 April 2021

11.00 am



The Holy Eucharist

The Eucharist is the service which Jesus Christ instituted on the night before he was crucified, when he said “do this in remembrance of me”. Since then, the church all over the world has celebrated using bread and wine; and the altar where the table is laid for communion is the heart of any church.

So it is that we participate in Christ’s life, joining with all other Christians, by sharing in God’s Word through the bible, sermon and prayers and by sharing symbolically in his body and blood through the bread and wine.

The text of this service booklet is from the Church of England’s Common Worship, and covers all ordinary Sundays throughout the year, when the liturgical colour is green. Special seasons of the Church calendar, such as Easter and Christmas, have their own special service booklet.

Some people find it helpful to make the ‘sign of the cross’ at various points in the service, as a reminder of God’s presence as Father, Son and Holy Spirit, and his great love for us shown in Jesus Christ who opened wide his arms for all peoples on the cross. Those suggested points in the service are marked with a ✠ sign. The sign of the cross is traditionally made using your right hand: touch your forehead at ‘Father’; the lower middle of your chest at ‘Son’; the left shoulder at ‘Holy’, and the right shoulder at ‘Spirit’.

The Holy Eucharist has four main sections:

The Gathering, when we come together in worship. This concludes with the Collect (the prayer for the week) which ‘collects’ or gathers together the prayers of the congregation.

The Liturgy of the Word, when we listen to readings from the Bible and hear the sermon, say together our Creed or Affirmation of Faith and offer our prayers of intercession.

The Liturgy of the Sacrament, when we follow the example and command of Jesus at the Last Supper. The President (a priest or President) takes the bread and the wine to be consecrated, offers thanks in the words of the Eucharistic (thanksgiving) Prayer, breaks the bread to be shared, and then distributes these gifts to the congregation.

The Dismissal, in which the President blesses the congregation and we are sent out to love and serve the Lord.

*For reasons of Safeguarding and Data Protection, members of the public are **not permitted to take photographs or video recordings during services and events.***

*We wish to inform you that photographs, video or livestream footage in which you may appear **could be used by the Cathedral at any time and appear in the public domain including social media.***

Please note that this morning's service will be livestreamed on Facebook. If you do not want to appear in this please inform a warden or verger.

For young people joining the service online, there is an accompanying activity worksheet available [on our website](#).

Welcome to this morning's livestreamed service. Thank you for continuing to join our services virtually. As we are now permitted to come together, albeit in a limited manner, for public worship, the service will look slightly different to allow us to comply with government guidelines. There will be music from the organ and singers, but there will be no hymns as congregational singing in church is still not permitted due to the risk of infection. Thank you for your understanding.

¶ *The Gathering*

The Gathering

After the welcome, please stand.

In the name of the ✠ Father,
and of the Son,
and of the Holy Spirit.

Amen.

Alleluia. Christ is risen.
He is risen indeed. Alleluia.

A hymn or canticle may be sung or played.

The Greeting

President Grace, mercy and peace
 from God our Father
 and the Lord Jesus Christ
 be with you.

All And also with you.

Prayer of Preparation

**All Almighty God,
 to whom all hearts are open,
 all desires known,
 and from whom no secrets are hidden:
 cleanse the thoughts of our hearts
 by the inspiration of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 through Christ our Lord.
 Amen.**

The Prayers of Penitence

Deacon Christ died to sin once for all, and now he lives to God.
Let us renew our resolve to have done with all that is evil
and confess our sins in penitence and faith.

Everyone sits or kneels as silence is kept.

All Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.

President Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver ✠ you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

All stand as the Edmund Consort sings the

Gloria in excelsis

Glory be to God on high,
and in earth peace,
goodwill towards men.

We praise thee, we bless thee,
we worship thee, we glorify thee,
we give thanks to thee
for thy great glory,
O Lord God, heavenly King,
God the Father Almighty.
O Lord, the only-begotten Son
Jesus Christ; O Lord God,
Lamb of God, Son of the Father,
thou that takest away the sins
of the world, have mercy upon us
thou that takest away the sins
of the world receive our prayer.
Thou that sittest at the right hand miserere nobis.
of God the Father, have mercy upon us.

For thou only art holy;
thou only art the Lord,
Thou only, O Christ,
with the Holy Ghost,
art most high
in the glory of God the Father. Amen.

*Music: Office of Holy Communion 'Collegium Regale',
Herbert Howells, 1892-1983*

The Collect

Risen Christ,
for whom no door is locked, no entrance barred:
open the doors of our hearts,
that we may seek the good of others
and walk the joyful road of sacrifice and peace,
to the praise of God the Father. **Amen.**

¶ *The Liturgy of the Word*

Please sit as Tim Allen reads

The First Reading

A reading from the book of Exodus.

As Pharaoh drew near, the Israelites looked back, and there were the Egyptians advancing on them. In great fear the Israelites cried out to the Lord. They said to Moses, 'Was it because there were no graves in Egypt that you have taken us away to die in the wilderness? What have you done to us, bringing us out of Egypt? Is this not the very thing we told you in Egypt, "Let us alone and let us serve the Egyptians"? For it would have been better for us to serve the Egyptians than to die in the wilderness.' But Moses said to the people, 'Do not be afraid, stand firm, and see the deliverance that the Lord will accomplish for you today; for the Egyptians whom you see today you shall never see again. The Lord will fight for you, and you have only to keep still.'

Then the Lord said to Moses, 'Why do you cry out to me? Tell the Israelites to go forward. But you lift up your staff, and stretch out your hand over the sea and divide it, that the Israelites may go into the sea on dry ground. Then I will harden the hearts of the Egyptians so that they will go in after them; and so I will gain glory for myself over Pharaoh and all his army, his chariots, and his chariot drivers. And the Egyptians shall know that I am the Lord, when I have gained glory for myself over Pharaoh, his chariots, and his chariot drivers.'

The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night.

Then Moses stretched out his hand over the sea. The Lord drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. At the morning watch the Lord in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, 'Let us flee from the Israelites, for the Lord is fighting for them against Egypt.'

Then the Lord said to Moses, 'Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.' So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the Lord tossed the Egyptians into the sea. The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left.

Thus the Lord saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. Israel saw the great work that the Lord did against the Egyptians. So the people feared the Lord and believed in the Lord and in his servant Moses.

Then the prophet Miriam, Aaron's sister, took a tambourine in her hand; and all the women went out after her with tambourines and with dancing. And Miriam sang to them:
'Sing to the Lord, for he has triumphed gloriously;
horse and rider he has thrown into the sea.'

Exodus 14.10–end, 15.20–21

All For the word of the Lord.
Thanks be to God.

Claire Allen reads

The Second Reading

A reading from the Acts of the Apostles.

The whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need.

Acts 4.32–35

All For the word of the Lord.
Thanks be to God.

Everyone stands as the Edmund Consort sings

The Gospel Acclamations

Cantor Alleluia, alleluia, alleluia.
Choir Alleluia, alleluia, alleluia.
Cantor I am the first and the last, says the Lord,
and the living one;
I was dead, and behold I am alive for evermore.
Choir Alleluia, alleluia, alleluia.

The Gospel Reading

Deacon Hear the Gospel of our Lord Jesus Christ
according to John.

All Glory to you, O Lord.

It was evening on the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews. Jesus came and stood among them and said, 'Peace be with you.' After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.'

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.' A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' Thomas answered him, 'My Lord and my God!' Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.'

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

John 20.19-31

All This is the Gospel of the Lord.
Praise to you, O Christ.

Choir Alleluia, alleluia, alleluia.

Everyone sits for

The Sermon

The Right Reverend Graeme Knowles
Honorary Assistant Bishop in the Diocese

Music for Reflection

The sermon is followed by a time for reflection during which William Saunders will play some music on the organ.

Everyone stands for

The Creed

All **We believe in one God,**
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God, begotten, not made,
 of one Being with the Father;
 through him all things were made.
 For us and for our salvation
 he came down from heaven:
 was incarnate from the Holy Spirit
 and the Virgin Mary and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living
and the dead, and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son
who with the Father and the Son
is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

The Prayers of Intercession

Deacon Let us pray for the Church and for the world
and let us thank God for his goodness.

Everyone sits or kneels as Geoffrey House leads the prayers.

The prayers conclude with:

**All Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Everyone stands for

¶ *The Liturgy of the Sacrament*

The Peace

President The risen Christ came and stood among his disciples
and said, 'Peace be with you.'
Then were they glad when they saw the Lord. Alleluia.

All The peace of the Lord be always with you.
And also with you.

Deacon Let us offer one another a sign of peace.

If you have other members of your household with you, you may wish to share the peace with them now. If are alone, know Christ's Peace to be with you now.

There may be a hymn or canticle as the altar is prepared.

Preparation of the Table

The Taking of the Bread and Wine

President Blessed are you, Lord God of all creation.
In your loving care you spread before us the table of life
and give us the cup of salvation to drink.
Keep us always in the fold
of our Saviour and our Shepherd,
your Son, Jesus Christ our Lord.

All **Blessed be God for ever.**

The Eucharistic Prayer

The President and Edmund Consort sing the Sursum Corda.

The Lord be with you and al - so with you.

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

President It is indeed right, our duty and our joy,
always and everywhere to give you thanks,
almighty and eternal Father,
and in these days of Easter
to celebrate with joyful hearts
the memory of your wonderful works.
For by the mystery of his passion
Jesus Christ, your risen Son,
has conquered the powers of death and hell
and restored in men and women the image of your glory.
He has placed them once more in paradise
and opened to them the gate of life eternal.
And so, in the joy of this Passover,
earth and heaven resound with gladness,
while angels and archangels and the powers of all creation
sing for ever the hymn of your glory:

Choir Holy, holy, holy,
 Lord God of hosts,
 heaven and earth are full of thy glory.
 Glory be to thee, O Lord most high.

Blessed is he that cometh
in the name of the Lord.
Hosanna in the highest.

*Music: Office of Holy Communion 'Collegium Regale',
Herbert Howells, 1892-1983*

President Accept our praises, heavenly Father,
 through your Son our Saviour Jesus Christ,
 and as we follow his example and obey his command,
 grant that by the power of your Holy Spirit
 these gifts of bread and wine
 may be to us his body and his blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection
and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Deacon Jesus Christ is Lord:
**All Lord, by your cross and resurrection
you have set us free,
you are the Saviour of the world.**

President Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

**All Blessing and honour and glory and power
be yours for ever and ever. Amen.**

The consecrated bread and wine are raised in the sight of the people.

Everyone sits or kneels for

The Lord's Prayer

Deacon Rejoicing in God's new creation,
let us pray with confidence as our Saviour has taught us.

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

President Jesus said, 'I am the bread of life.
Whoever comes to me will never be hungry,
And whoever believes in me will never be thirsty.'

The Edmund Consort sings the

Agnus Dei

O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
grant us thy peace.

*Music: Office of Holy Communion 'Collegium Regale',
Herbert Howells, 1892-1983*

President Alleluia. Christ our Passover is sacrificed for us.
All **Therefore let us keep the feast. Alleluia.**

Spiritual Communion

'Spiritual Communion' is a historic practice in the church for anyone who cannot receive the bread and wine physically. It is possible because Communion is always a spiritual practice and not simply physical. Through God's grace, whilst we cannot receive the bread and wine, we can still receive the sacrament in our hearts, and share in communion with Jesus. In making our communion spiritually, we are joining with Christians everywhere who cannot receive the bread and wine at this time. The following prayer is one form of words to use for Spiritual Communion.

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen.

after the Prayer of St Richard of Chichester

The Communion

Please follow the directions of the cathedral wardens.

Gluten free bread: please indicate to the administering priest if you require a gluten free Communion bread.

Anthem

Rise heart; thy Lord is risen.
Sing his praise without delays,
Who takes thee by the hand,
that thou likewise with him may'st rise;
That, as his death calcined thee to dust,
His life may make thee gold, and much more, just.

Awake, my lute, and struggle for thy part with all thy art.
The crosse taught all wood to resound his name,
who bore the same.
His stretched sinews taught all strings, what key
Is the best to celebrate this most high day.

Consort both heart and lute,
and twist a song pleasant and long;
Or since all musick is but three parts vied and multiplied.
O let thy blessed Spirit bear a part,
And make up our defects with his sweet art.

Music: Ralph Vaughan Williams, 1872-1958

Prayer after Communion

Silence is kept.

President Let us pray.

Lord God our Father,
through our Saviour Jesus Christ
you have assured your children of eternal life
and in baptism have made us one with him:
deliver us from the death of sin
and raise us to new life in your love,
in the fellowship of the Holy Spirit,
by the grace of our Lord Jesus Christ. **Amen.**

**All God of life,
who for our redemption
gave your only-begotten Son
to the death of the cross,
and by his glorious resurrection
have delivered us from the power of our enemy:
grant us so to die daily to sin,
that we may evermore live with him
in the joy of his risen life;
through Jesus Christ our Lord.
Amen.**

Silence is kept.

¶ The Dismissal

Please stand for

The Blessing

President God the Father,
by whose love Christ was raised from the dead,
open to you who believe the gates of everlasting life.

All Amen.

President God the Son,
who in bursting from the grave
has won a glorious victory,
give you joy as you share the Easter faith.

All Amen.

President God the Holy Spirit,
who filled the disciples with the life of the risen Lord,
empower you and fill you with Christ's peace.

All Amen.

President And the blessing of God Almighty,
the Father, the Son ✠ and the Holy Spirit
be among you and remain with you always.

All Amen.

All remain standing. The Edmund Consort sings

God save our gracious Queen.
Long live our noble Queen.
God save the Queen.
Send her victorious,
happy and glorious,
long to reign over us,

God save the Queen.
Thy choicest gifts in store
on her be pleased to pour,
long may she reign.
May she defend our laws,
and ever give us cause,
to sing with heart and voice,
God save the Queen.

All remain standing for

The Dismissal

Deacon With the risen life of the Lord within you,
go in the peace of Christ.

Alleluia, alleluia!

All Alleluia, alleluia!

Everyone remains standing as the procession departs and William Saunders plays

The Organ Voluntary

Toccata from Symphony No.5, Op. 42, No. 1
Charles-Marie Widor, 1844-1937

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St Edmundsbury
Cathedral



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DISCOVER YOUR POTENTIAL AT ST EDMUNDSBURY CATHEDRAL

St Edmundsbury
Cathedral



The Dean: The Very Reverend Joe Hawes
The Canon Pastor & Sub Dean: The Reverend Canon Matthew Vernon
The Canon Precentor: The Reverend Canon Philip Banks
The Cathedral Curate: The Reverend Sarah Geileskey
The Cathedral Curate: The Reverend Ben Edwards
Assistant Director of Music: Richard Cook
Conductor: William Saunders

*William Saunders is currently overseeing the Cathedral's music
in this period before our new Director of Music begins in May 2021*

www.steds cathedral.org