

# St Edmundsbury Cathedral



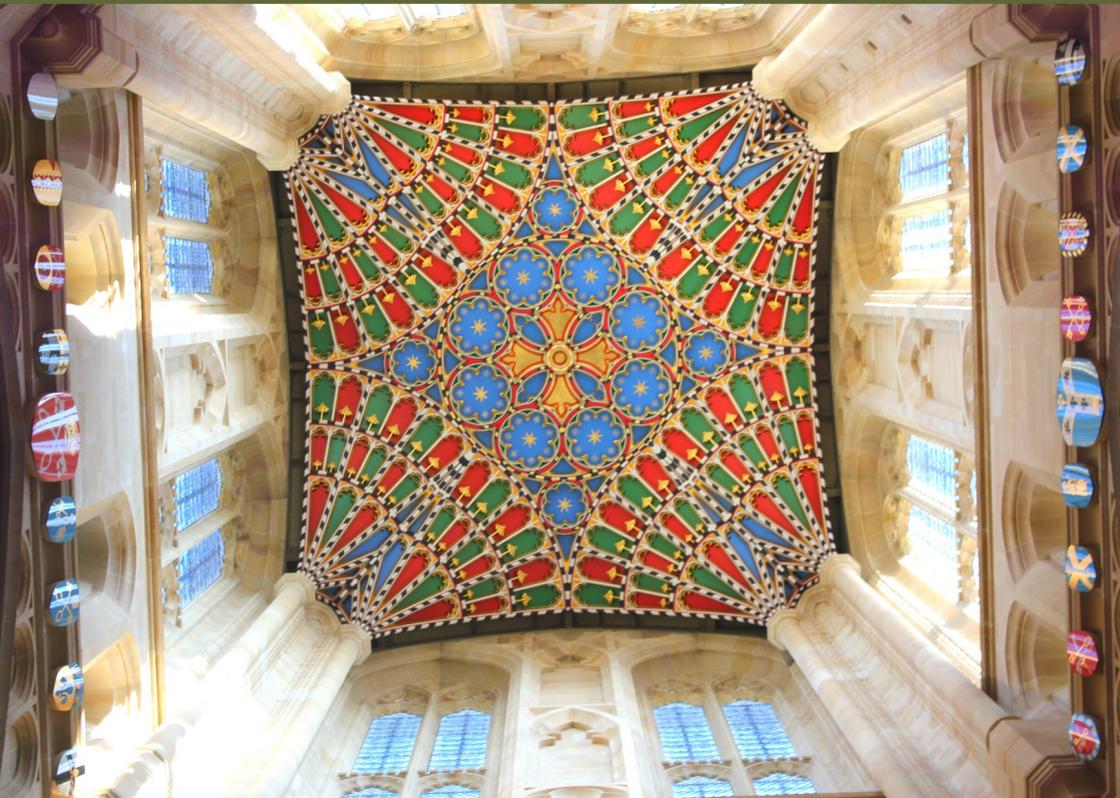
A thousand years of God's love in Suffolk

# Holy Communion

*Fourteenth Sunday after Trinity*

13 September 2020 at 11.00 am

*President: The Rev'd Sarah Geileskey*



## The Holy Eucharist

**The Eucharist** is the service which Jesus Christ instituted on the night before he was crucified, when he said “do this in remembrance of me”. Since then, the church all over the world has celebrated using bread and wine; and the altar where the table is laid for communion is the heart of any church.

So it is that we participate in Christ’s life, joining with all other Christians, by sharing in God’s Word through the bible, sermon and prayers and by sharing symbolically in his body and blood through the bread and wine.

The text of this service booklet is from the Church of England’s Common Worship, and covers all ordinary Sundays throughout the year, when the liturgical colour is green. Special seasons of the Church calendar, such as Easter and Christmas, have their own special service booklet.

Some people find it helpful to make the ‘sign of the cross’ at various points in the service, as a reminder of God’s presence as Father, Son and Holy Spirit, and his great love for us shown in Jesus Christ who opened wide his arms for all peoples on the cross. Those suggested points in the service are marked with a ✠ sign. The sign of the cross is traditionally made using your right hand: touch your forehead at ‘Father’; the lower middle of your chest at ‘Son’; the left shoulder at ‘Holy’, and the right shoulder at ‘Spirit’.

The Holy Eucharist has four main sections:

**The Gathering**, when we come together in worship. This concludes with the Collect (the prayer for the week) which ‘collects’ or gathers together the prayers of the congregation.

**The Liturgy of the Word**, when we listen to readings from the Bible and hear the sermon, say together our Creed or Affirmation of Faith and offer our prayers of intercession.

**The Liturgy of the Sacrament**, when we follow the example and command of Jesus at the Last Supper. The President (a priest or bishop) takes the bread and the wine to be consecrated, offers thanks in the words of the Eucharistic (thanksgiving) Prayer, breaks the bread to be shared, and then distributes these gifts to the congregation.

**The Dismissal**, in which the President blesses the congregation and we are sent out to love and serve the Lord.

*Welcome to this morning's livestreamed service. Thank you for continuing to join our services virtually. As we are now permitted to come together, albeit in a limited manner, for public worship, the service will look slightly different to allow us to comply with government guidelines. There will be music from the organ and choir, but there will be no hymns as congregational singing in church is still not permitted due to the risk of infection. Thank you for your understanding.*

## ¶ The Gathering

*After the welcome everyone remains seated for*

### **The Licensing of Ben Edwards**

*Ben Edwards makes his Oaths and Declarations before the Dean licenses him as Cathedral Curate. He, together with his family – Caroline, Isadora, Trinity and Bertie – are warmly welcomed.*

### **Welcoming Anita Rooney**

*Anita is to be welcomed as our Cathedral Ordinand.*

*As the procession then moves to the Pavement, please stand.*

### **The Greeting**

In the name of the ✠ Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

President    Grace, mercy and peace  
                  from God our Father  
                  and the Lord Jesus Christ  
                  be with you  
**All**            **and also with you.**

## The Prayer of Preparation

**All**      **Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## The Prayers of Penitence

Deacon      God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Everyone sits or kneels as silence is kept.*

Deacon      We are often slow to follow the example of Christ.  
Lord, have mercy.

**All**      **Lord, have mercy.**

Deacon      We often fail to be known as Christ's disciples.  
Christ, have mercy.

**All**      **Christ, have mercy.**

Deacon      We often fail to walk the way of the cross.  
Lord, have mercy.

**All**      **Lord, have mercy.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver ✠ you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All**            **Amen.**

*All stand as the Choir sings*

## **Gloria in Excelsis**

Gloria in excelsis Deo,  
et in terra pax hominibus  
bonæ voluntatis.  
Laudamus te, benedicimus te,  
adoramus te, glorificamus te,  
gratias agimus tibi  
propter magnam gloriam tuam,  
Domine Deus, Rex coelestis,  
Deus Pater omnipotens.  
Domine Fili unigenite,  
Jesu Christe;  
Agnus Dei, Filius Patris,  
qui tollis peccata mundi,  
miserere nobis.  
Qui tollis peccata mundi,  
suscipe deprecationem nostram.  
Qui sedes ad dexteram Patris,  
miserere nobis.  
Quoniam tu solus sanctus;  
tu solus Dominus,  
tu solus altissimus Jesu Christe,  
Cum Sancto Spiritu  
in gloria Dei Patris.  
Amen.

*Glory be to God on high,  
and in earth peace,  
good will towards men.  
We praise thee, we bless thee,  
we worship thee, we glorify thee,  
we give thanks to thee  
for thy great glory,  
O Lord God, heavenly King,  
God the Father almighty.  
O Lord, the only-begotten Son,  
Jesu Christ; O Lord God,  
Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of  
the world, receive our prayer.  
Thou that sittest at the right hand of  
God the Father, have mercy upon us.  
For thou only art holy;  
thou only art the Lord,  
thou only, O Christ,  
with the Holy Ghost, art most high  
in the glory of God the Father.  
Amen.*

*Music: Mass in C major, K. 220 "Sparrow" (Spatzenmesse), Mozart 1756-1791*

## The Collect

Almighty God,  
whose only Son has opened for us  
a new and living way into your presence:  
give us pure hearts and steadfast wills  
to worship you in spirit and in truth;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

## ¶ The Liturgy of the Word

*Please sit as Clarissa Machin reads*

## The First Reading

A reading from the book of Genesis.

Realising that their father was dead, Joseph's brothers said, 'What if Joseph still bears a grudge against us and pays us back in full for all the wrong that we did to him?' So they approached Joseph, saying, 'Your father gave this instruction before he died, "Say to Joseph: I beg you, forgive the crime of your brothers and the wrong they did in harming you." Now therefore please forgive the crime of the servants of the God of your father.' Joseph wept when they spoke to him. Then his brothers also wept, fell down before him, and said, 'We are here as your slaves.' But Joseph said to them, 'Do not be afraid! Am I in the place of God? Even though you intended to do harm to me, God intended it for good, in order to preserve a numerous people, as he is doing today. So have no fear; I myself will provide for you and your little ones.' In this way he reassured them, speaking kindly to them.

*Genesis 50.15-21*

**All** For the word of the Lord.  
**Thanks be to God.**

Robert Bourne reads

## The Second Reading

A reading from the letter of Paul to the Romans.

Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand. Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honour of the Lord. Also those who eat, eat in honour of the Lord, since they give thanks to God; while those who abstain, abstain in honour of the Lord and give thanks to God.

We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living. Why do you pass judgement on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgement seat of God. For it is written, 'As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God.' So then, each of us will be accountable to God.

*Romans 14.1-12*

**All** For the word of the Lord.  
**Thanks be to God.**

*Everyone stands as the cantor and choir sing*

## The Gospel Acclamations

Cantor Alleluia, alleluia, alleluia.  
Choir Alleluia, alleluia, alleluia.  
Cantor Speak, Lord, for your servant is listening.  
You have the words of eternal life.  
Choir Alleluia, alleluia, alleluia.

## **The Gospel Reading**

Hear the Gospel of our Lord Jesus Christ  
according to Matthew.

**All**            **Glory to you, O Lord.**

Hear the gospel of our Lord Jesus Christ according to Matthew.

Peter came and said to Jesus, 'Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?' Jesus said to him, 'Not seven times, but, I tell you, seventy-seven times. For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, "Have patience with me, and I will pay you everything." And out of pity for him, the lord of that slave released him and forgave him the debt.'

'But that same slave, as he went out, came upon one of his fellow-slaves who owed him a hundred denarii; and seizing him by the throat, he said, "Pay what you owe." Then his fellow-slave fell down and pleaded with him, "Have patience with me, and I will pay you." But he refused; then he went and threw him into prison until he would pay the debt. When his fellow-slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, "You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow-slave, as I had mercy on you?" And in anger his lord handed him over to be tortured until he would pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.'

*Matthew 18.21-35*

**All**            This is the Gospel of the Lord.  
**Praise to you, O Christ.**

*Everyone sits for*

## **The Sermon**

The Very Reverend Joe Hawes  
Dean of St Edmundsbury

*Everyone stands for*

## **The Profession of Faith**

President Let us now proclaim the Christian faith into which we were baptized and in which we live and grow.

President Do you believe and trust in God the Father, who made all things?

**All We believe and trust in him.**

President Do you believe and trust in his Son Jesus Christ, who redeemed the world?

**All We believe and trust in him.**

President Do you believe and trust in his Holy Spirit, who gives life to the people of God?

**All We believe and trust in him.**

President This is the faith of the Church.

**All This is our faith.  
We believe and trust in one God,  
Father, Son and Holy Spirit. Amen.**

## **The Prayers of Intercession**

Deacon Let us pray for the Church and for the world and let us thank God for his goodness.

*Everyone sits or kneels as Geoffrey House leads the prayers.*

*The prayers conclude with:*

**All** Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

*Everyone sits for*

## **Welcoming of the Organ and Choral Scholars**

*We welcome to the Cathedral family Elli-Mae McGlone, Derek Marsden Organ Scholar and King Edward VI School Musician in Residence, and Emily Mustoe, Cathedral Choral Scholar and County Upper School Musician in Residence.*

*Everyone stands for*

## **¶ The Liturgy of the Sacrament**

### **The Peace**

We are the body of Christ.  
In the one Spirit we were all baptized into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

**All** The peace of the Lord be always with you.  
**And also with you.**

Deacon Let us offer one another a sign of peace.

*If you have other members of your household with you, you may wish to share the peace with them now. If are alone, know Christ's Peace to be with you now.*

## **The Preparation of the Table**

## The Taking of the Bread and Wine

President Blessed are you, Lord God of all creation:  
through your goodness we have this bread  
to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**All Blessed be God for ever.**

President Blessed are you, Lord God of all creation:  
through your goodness we have this wine  
to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**All Blessed be God for ever.**

## The Eucharistic Prayer

**All** The Lord be with with you  
**and also with you.**

**All** Lift up your hearts.  
**We lift them to the Lord.**

**All** Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

President Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness  
to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

**All**            **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory,  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood  
of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Deacon        Christ is the bread of life:  
**All**            **When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty resurrection  
and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice  
of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of the Blessed Virgin Mary,  
James, Edmund and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**All**            **Amen.**

*The consecrated bread and wine are raised in the sight of the people.*

*Everyone kneels for*

## **The Lord's Prayer**

Deacon      Being made one by the power of the Spirit,  
let us pray with confidence as our Saviour has taught us.

**All            Our Father, who art in heaven,  
                 hallowed be thy name;  
                 thy kingdom come;  
                 thy will be done;  
                 on earth as it is in heaven.  
                 Give us this day our daily bread.  
                 And forgive us our trespasses,  
                 as we forgive those who trespass against us.  
                 And lead us not into temptation;  
                 but deliver us from evil.  
                 For thine is the kingdom,  
                 the power and the glory,  
                 for ever and ever. Amen.**

## **The Breaking of the Bread**

President    Jesus said, 'I am the bread of life.  
Whoever comes to me will never be hungry,  
and whoever believes in me will never be thirsty.'

## **Agnus Dei**

Agnus Dei qui tollis peccata mundi, miserere nobis.  
Agnus Dei qui tollis peccata mundi, miserere nobis.  
Agnus Dei qui tollis peccata mundi, dona nobis pacem.

*O Lamb of God, that takest away the sins of the world,  
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,  
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,  
grant us thy peace.*

*Music: Mass in C major, K. 220 "Sparrow" (Spatzenmesse), Mozart 1756-1791*

## Spiritual Communion

President Jesus is the Lamb of God,  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*‘Spiritual Communion’ is a historic practice in the church for anyone who cannot receive the bread and wine physically. It is possible because Communion is always a spiritual practice and not simply physical. Through God’s grace, whilst we cannot receive the bread and wine, we can still receive the sacrament in our hearts, and share in communion with Jesus. In making our communion spiritually, we are joining with Christians everywhere who cannot receive the bread and wine at this time. The following prayer is one form of words to use for Spiritual Communion.*

Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day. Amen.

*after the Prayer of St Richard of Chichester*

## Ave verum

Ave verum Corpus, natum  
de Maria Virgine,  
Vere passum, immolatum  
in cruce pro homine:  
Cuius latus perforatum  
fluxit aqua et sanguine,  
Esto nobis praegustatum  
mortis in examine.

*Hail true body  
born of the Virgin Mary.  
Having truly suffered and been offered  
as a sacrifice on the cross for humanity  
from your side flowed  
a stream of water and blood  
be for us a foretaste (of final victory)  
in our own struggle with death.*

*Words: 14<sup>th</sup> century, translated by Charles Taylor  
Music: W.A. Mozart, 1756-1791*

## Prayer after Communion

President Let us pray.

Lord God, the source of truth and love,  
keep us faithful to the apostles' teaching and fellowship,  
united in prayer and the breaking of bread,  
and one in joy and simplicity of heart,  
in Jesus Christ our Lord. **Amen.**

*Silence is kept.*

**All**        **Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

*Please stand for*

## ¶ *The Dismissal*

### **The Blessing**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the ✠ Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All**            **Amen.**

### **The Dismissal**

Deacon        Let us go in peace to love and serve the Lord.  
**All**            **In the name of Christ. Amen.**

*Please remain standing as the procession moves to the Cathedral west end and the organist plays*

### **The Organ Voluntary**

Toccata in B minor  
*Eugène Gigout*

Service order extracts from *Common Worship Services*,  
© The Central Board of Finance of The Church of England.  
Music reproduced with permission - CCL Licence No 317297