

St Edmundsbury Cathedral



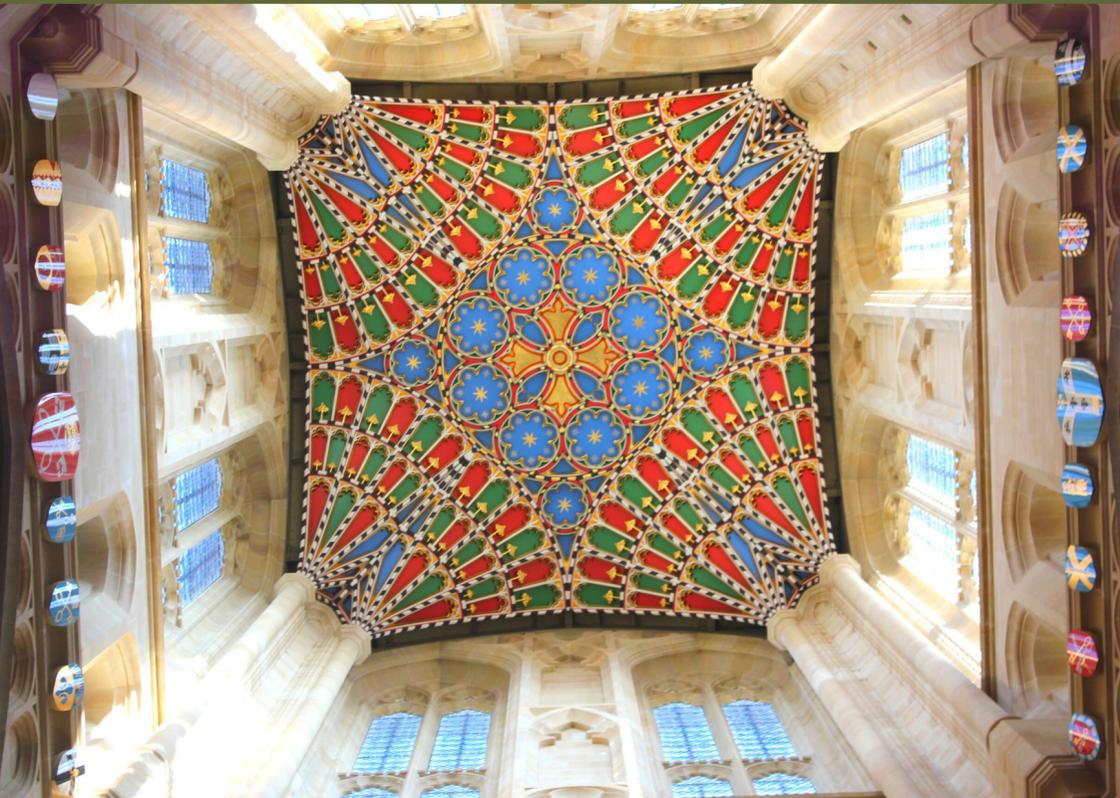
A thousand years of God's love in Suffolk

Holy Communion

the Fifth Sunday after Trinity

12 July 2020

11.00 am



The Holy Eucharist

The Eucharist is the service which Jesus Christ instituted on the night before he was crucified, when he said “do this in remembrance of me”. Since then, the church all over the world has celebrated using bread and wine; and the altar where the table is laid for communion is the heart of any church.

So it is that we participate in Christ’s life, joining with all other Christians, by sharing in God’s Word through the bible, sermon and prayers and by sharing symbolically in his body and blood through the bread and wine.

The text of this service booklet is from the Church of England’s Common Worship, and covers all ordinary Sundays throughout the year, when the liturgical colour is green. Special seasons of the Church calendar, such as Easter and Christmas, have their own special service booklet.

Some people find it helpful to make the ‘sign of the cross’ at various points in the service, as a reminder of God’s presence as Father, Son and Holy Spirit, and his great love for us shown in Jesus Christ who opened wide his arms for all peoples on the cross. Those suggested points in the service are marked with a ✠ sign. The sign of the cross is traditionally made using your right hand: touch your forehead at ‘Father’; the lower middle of your chest at ‘Son’; the left shoulder at ‘Holy’, and the right shoulder at ‘Spirit’.

The Holy Eucharist has four main sections:

The Gathering, when we come together in worship. This concludes with the Collect (the prayer for the week) which ‘collects’ or gathers together the prayers of the congregation.

The Liturgy of the Word, when we listen to readings from the Bible and hear the sermon, say together our Creed or Affirmation of Faith and offer our prayers of intercession.

The Liturgy of the Sacrament, when we follow the example and command of Jesus at the Last Supper. The President (a priest or bishop) takes the bread and the wine to be consecrated, offers thanks in the words of the Eucharistic (thanksgiving) Prayer, breaks the bread to be shared, and then distributes these gifts to the congregation.

The Dismissal, in which the President blesses the congregation and we are sent out to love and serve the Lord.

Welcome to this morning's livestreamed service. Thank you for continuing to join our services virtually. As we are now permitted to come together, albeit in a limited manner, for public worship, the service will look slightly different to allow us to comply with government guidelines. There will be organ music, but there will be no hymns or anthem as group singing in church is still not permitted due to the risk of infection. Thank you for your understanding.

The Gathering

In the name of the ✠ Father,
and of the Son,
and of the Holy Spirit.
Amen.

The Greeting

President Grace, mercy and peace
 from God our Father
 and the Lord Jesus Christ
 be with you
All **and also with you.**

The Prayer of Preparation

All **Almighty God,**
 to whom all hearts are open,
 all desires known,
 and from whom no secrets are hidden:
 cleanse the thoughts of our hearts
 by the inspiration of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 through Christ our Lord.
 Amen.

The Prayers of Penitence

President God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**All Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver ✠ you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All Amen.

The Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Almighty God,
send down upon your Church
the riches of your Spirit,
and kindle in all who minister the gospel
your countless gifts of grace;
through Jesus Christ our Lord.
Amen.

¶ The Liturgy of the Word

Margaret Catton reads

The First Reading

A reading from the book of the prophet Isaiah.

Thus says the Lord, the King of Israel, and his Redeemer, the Lord of hosts: I am the first and I am the last; besides me there is no god. Who is like me? Let them proclaim it, let them declare and set it forth before me. Who has announced from of old the things to come? Let them tell us what is yet to be. Do not fear, or be afraid; have I not told you from of old and declared it? You are my witnesses! Is there any god besides me? There is no other rock; I know not one.

Isaiah 44.6-8

All For the word of the Lord.
Thanks be to God.

Canon Cedric Catton reads

The Second Reading

A reading from the letter of Paul to the Romans.

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh - for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ - if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the

creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Romans 8.12-25

For the word of the Lord.

All Thanks be to God.

The Rev'd Sarah Geileskey reads

The Gospel Reading

Hear the Gospel of our Lord Jesus Christ
according to Matthew.

All Glory to you, O Lord.

Jesus put before the crowd another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn."

Then Jesus left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed

them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

Matthew 13.24-30, 36-43

All This is the Gospel of the Lord.
Praise to you, O Christ.

The Sermon

The Rev'd Sarah Geileskey
Cathedral Curate

The sermon is followed by a brief silence for reflection.

The Profession of Faith

President Let us now proclaim the Christian faith into which we were baptized and in which we live and grow.

President Do you believe and trust in God the Father,
who made all things?

All We believe and trust in him.

President Do you believe and trust in his Son Jesus Christ,
who redeemed the world?

All We believe and trust in him.

President Do you believe and trust in his Holy Spirit,
who gives life to the people of God?

All We believe and trust in him.

President This is the faith of the Church.

**All This is our faith.
We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

Valerie Wilde leads

The Prayers of Intercession

The prayers conclude with:

All Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

¶ *The Liturgy of the Sacrament*

The Peace

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

All The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

If you have other members of your household with you, you may wish to share the peace with them now. If are alone, know Christ's Peace to be with you now.

The Preparation of the Table

The Taking of the Bread and Wine

President Blessed are you, Lord God of all creation.
In your loving care you spread before us the table of life
and give us the cup of salvation to drink.
Keep us always in the fold
of our Saviour and our Shepherd,
your Son, Jesus Christ our Lord.

All **Blessed be God for ever.**

The Eucharistic Prayer

The Lord is here.
All His Spirit is with us.

Lift up your hearts.
All We lift them to the Lord.

Let us give thanks to the Lord our God.
All It is right to give thanks and praise.
President Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness
to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory,
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood
of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

All Christ is the bread of life:
**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection
and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice
of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary,
James, Edmund and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The consecrated bread and wine are raised in the sight of the people.

The Lord's Prayer

President Being made one by the power of the Spirit,
let us pray with confidence as our Saviour has taught us.

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Breaking of the Bread

President Jesus said, 'I am the bread of life.
Whoever comes to me will never be hungry,
and whoever believes in me will never be thirsty.'

Agnus Dei

**All Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Spiritual Communion

President Jesus is the Lamb of God,
who takes away the sin of the world.
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

'Spiritual Communion' is a historic practice in the church for anyone who cannot receive the bread and wine physically. It is possible because Communion is always a spiritual practice and not simply physical. Through God's grace, whilst we cannot receive the bread and wine, we can still receive the sacrament in our hearts, and share in communion with Jesus. In making our communion spiritually, we are joining with Christians everywhere who cannot receive the bread and wine at this time. The following prayer is one form of words to use for Spiritual Communion.

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen.

after the Prayer of St Richard of Chichester

Prayer after Communion

President Let us pray.

Silence is kept

Grant, O Lord, we beseech you,
that the course of this world may be so peaceably ordered
by your governance,
that your Church may joyfully serve you
in all godly quietness;
through Jesus Christ our Lord.
Amen.

All **Father of all,**
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.

¶ *The Dismissal*

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the ✠ Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

The Dismissal

All Be in the peace of Christ.
Thanks be to God.

The Organ Voluntary

Service order extracts from *Common Worship Services*,
© The Central Board of Finance of The Church of England.
Music reproduced with permission - CCL Licence No 317297