

St Edmundsbury Cathedral



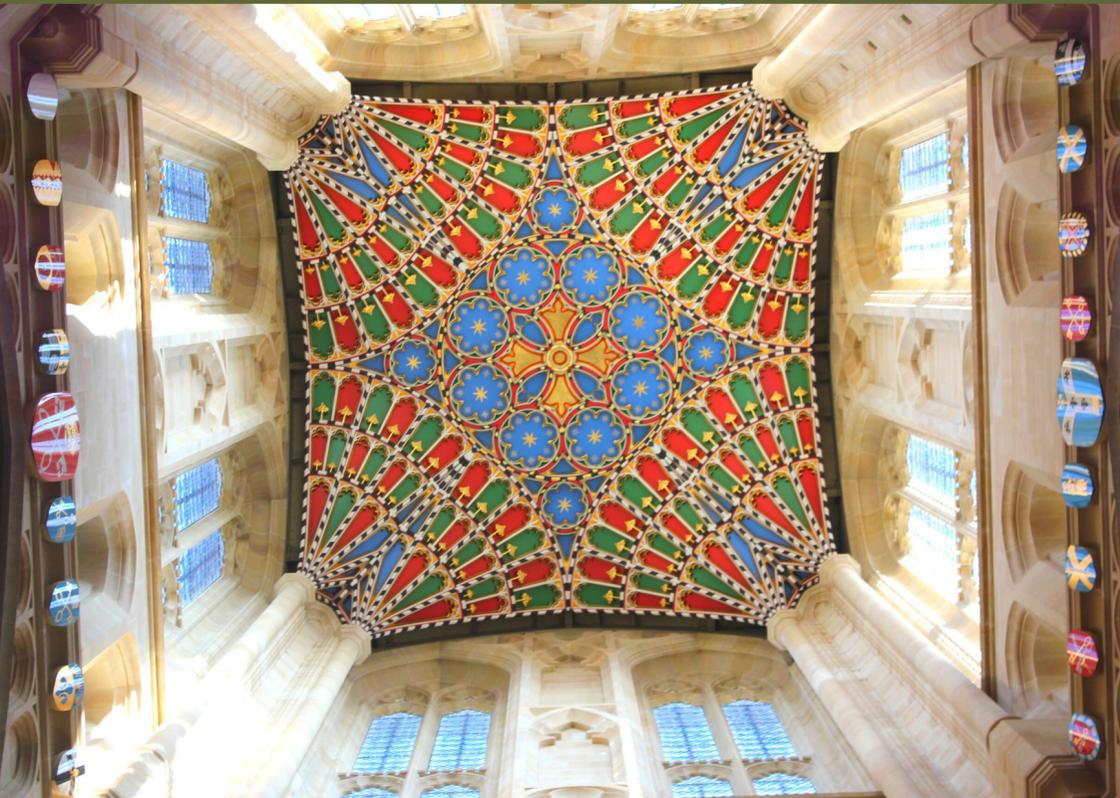
A thousand years of God's love in Suffolk

Holy Communion

Eighth Sunday after Trinity

2 August 2020

11.00 am



The Holy Eucharist

The Eucharist is the service which Jesus Christ instituted on the night before he was crucified, when he said “do this in remembrance of me”. Since then, the church all over the world has celebrated using bread and wine; and the altar where the table is laid for communion is the heart of any church.

So it is that we participate in Christ’s life, joining with all other Christians, by sharing in God’s Word through the bible, sermon and prayers and by sharing symbolically in his body and blood through the bread and wine.

The text of this service booklet is from the Church of England’s Common Worship, and covers all ordinary Sundays throughout the year, when the liturgical colour is green. Special seasons of the Church calendar, such as Easter and Christmas, have their own special service booklet.

Some people find it helpful to make the ‘sign of the cross’ at various points in the service, as a reminder of God’s presence as Father, Son and Holy Spirit, and his great love for us shown in Jesus Christ who opened wide his arms for all peoples on the cross. Those suggested points in the service are marked with a ✠ sign. The sign of the cross is traditionally made using your right hand: touch your forehead at ‘Father’; the lower middle of your chest at ‘Son’; the left shoulder at ‘Holy’, and the right shoulder at ‘Spirit’.

The Holy Eucharist has four main sections:

The Gathering, when we come together in worship. This concludes with the Collect (the prayer for the week) which ‘collects’ or gathers together the prayers of the congregation.

The Liturgy of the Word, when we listen to readings from the Bible and hear the sermon, say together our Creed or Affirmation of Faith and offer our prayers of intercession.

The Liturgy of the Sacrament, when we follow the example and command of Jesus at the Last Supper. The President (a priest or bishop) takes the bread and the wine to be consecrated, offers thanks in the words of the Eucharistic (thanksgiving) Prayer, breaks the bread to be shared, and then distributes these gifts to the congregation.

The Dismissal, in which the President blesses the congregation and we are sent out to love and serve the Lord.

Welcome to this morning's livestreamed service. Thank you for continuing to join our services virtually. As we are now permitted to come together, albeit in a limited manner, for public worship, the service will look slightly different to allow us to comply with government guidelines. There will be organ music, but there will be no hymns or anthem as group singing in church is still not permitted due to the risk of infection. Thank you for your understanding.

The Gathering

In the name of the ✠ Father,
and of the Son,
and of the Holy Spirit.
Amen.

The Greeting

President Grace, mercy and peace
 from God our Father
 and the Lord Jesus Christ
 be with you
All **and also with you.**

The Prayer of Preparation

All **Almighty God,**
 to whom all hearts are open,
 all desires known,
 and from whom no secrets are hidden:
 cleanse the thoughts of our hearts
 by the inspiration of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 through Christ our Lord.
 Amen.

The Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

We are often slow to follow the example of Christ.
Lord, have mercy.

All **Lord, have mercy.**

We often fail to be known as Christ's disciples.
Christ, have mercy.

All **Christ, have mercy.**

We often fail to walk the way of the cross.
Lord, have mercy.

All **Lord, have mercy.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver ✠ you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

The Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Lord God,
your Son left the riches of heaven
and became poor for our sake:
when we prosper save us from pride,
when we are needy save us from despair,
that we may trust in you alone;
through Jesus Christ our Lord.
Amen.

¶ The Liturgy of the Word

Judy Broadway reads

The First Reading

A reading from the book of the prophet Isaiah.

The Lord says this: Everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you.

Isaiah 55.1-5

For the word of the Lord.

All Thanks be to God.

Jane Olive reads

The Second Reading

A reading from the letter of Paul to the Romans.

I am speaking the truth in Christ. I am not lying; my conscience confirms it by the Holy Spirit. I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

Romans 9.1-5, NRSV

For the word of the Lord.

All Thanks be to God.

The Gospel Reading

Hear the Gospel of our Lord Jesus Christ
according to Matthew.

All **Glory to you, O Lord.**

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Matthew 14.13-21, NRSV

All This is the Gospel of the Lord.
Praise to you, O Christ.

The Sermon

The Right Rev'd Graeme Knowles
Honorary Assistant Bishop

Music for Reflection

The sermon is followed by a time for reflection during which time the organist will play:

Mache dich, mein Geist, bereit
Johann Christian Kittel, 1732-1809

The Profession of Faith

President Let us now proclaim the Christian faith into which we were baptized and in which we live and grow.

President Do you believe and trust in God the Father, who made all things?

All We believe and trust in him.

President Do you believe and trust in his Son Jesus Christ, who redeemed the world?

All We believe and trust in him.

President Do you believe and trust in his Holy Spirit, who gives life to the people of God?

All We believe and trust in him.

President This is the faith of the Church.

**All This is our faith.
We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

Catherine Cox leads

The Prayers of Intercession

The prayers conclude with:

All Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

¶ *The Liturgy of the Sacrament*

The Peace

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

All The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

If you have other members of your household with you, you may wish to share the peace with them now. If are alone, know Christ's Peace to be with you now.

The Preparation of the Table

The Taking of the Bread and Wine

President Blessed are you, Lord God of all creation:
through your goodness we have this bread
to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

All **Blessed be God for ever.**

President Blessed are you, Lord God of all creation:
through your goodness we have this wine
to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All Blessed be God for ever.

The Eucharistic Prayer

All The Lord is here.
His Spirit is with us.

All Lift up your hearts.
We lift them to the Lord.

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

President Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness
to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory,
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood
of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

All

Christ is the bread of life:
**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection
and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice
of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary,
James, Edmund and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The consecrated bread and wine are raised in the sight of the people.

The Lord's Prayer

President Being made one by the power of the Spirit,
let us pray with confidence as our Saviour has taught us.

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Breaking of the Bread

President Jesus said, 'I am the bread of life.
Whoever comes to me will never be hungry,
and whoever believes in me will never be thirsty.'

Agnus Dei

All **Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Spiritual Communion

President Jesus is the Lamb of God,
who takes away the sin of the world.
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

‘Spiritual Communion’ is a historic practice in the church for anyone who cannot receive the bread and wine physically. It is possible because Communion is always a spiritual practice and not simply physical. Through God’s grace, whilst we cannot receive the bread and wine, we can still receive the sacrament in our hearts, and share in communion with Jesus. In making our communion spiritually, we are joining with Christians everywhere who cannot receive the bread and wine at this time. The following prayer is one form of words to use for Spiritual Communion.

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen.

after the Prayer of St Richard of Chichester

During Communion Claire Robinson sings

How Beautiful are the Feet

How beautiful are the feet of them
that preach the gospel of peace,
and bring glad tidings of good things.

*Words: Isaiah 52: 7; Romans 10: 15
Music: G F Handel, 1685-1759*

Prayer after Communion

President Let us pray.

Strengthen for service, Lord,
the hands that have taken holy things;
may the ears which have heard your word
be deaf to clamour and dispute;
may the tongues which have sung your praise be free from
deceit;
may the eyes which have seen the tokens of your love
shine with the light of hope;
and may the bodies which have been fed with your body
be refreshed with the fullness of your life;
glory to you for ever.
Amen.

Silence is kept.

All **Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

¶ *The Dismissal*

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the ✠ Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All

Amen.

The Dismissal

Following God's saints in the ways of holiness and truth,
let us go in peace to love and serve the Lord.

All

In the name of Christ. Amen.

The Organ Voluntary