

St Edmundsbury
Cathedral



The Holy Eucharist
on
Monday - Wednesday
in
Holy Week

¶ *Order of Service*

The Gathering

In the name of the Father, ✠ and of the Son,
and of the Holy Spirit.
Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you.
All **And also with you.**

The Prayer of Preparation

All **Almighty God,**
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

The Prayers of Penitence

Christ himself carried up our sins in his body to the tree,
so that, free from sins,
we might live for righteousness;
by his wounds we have been healed.

Let us confess our sins.

Lord Jesus,
you died on the cross in love for us,
yet we do not love you with our whole heart.
Lord have mercy.

All Lord have mercy.

Lord Jesus,
you were lifted up that we might have light and life,
yet we often turn to dark and sin.
Christ have mercy.

All Christ have mercy.

Lord Jesus,
through the cross you offer us forgiveness and peace
yet we can be slow to show others forgiveness and peace.
Lord have mercy.

All Lord have mercy.

May the God of love and power
forgive you ✠ and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.

All Amen.

The Collect

Almighty and everlasting God,
who in your tender love towards the human race
sent your Son our Saviour Jesus Christ
to take upon him our flesh
and to suffer death upon the cross:
grant that we may follow the example
of his patience and humility,
and also be made partakers of his resurrection;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

¶ *The Liturgy of the Word*

The Reading(s) and Psalm

At the end

All For the word of the Lord.
Thanks be to God.

The Gospel Acclamation

Praise to you, O Christ, King of eternal glory.
Christ humbled himself
and became obedient unto death,
even death on a cross.
Therefore God has highly exalted him
and given him the name
that is above every name.

All **Praise to you, O Christ, King of eternal glory.**

The Gospel

Hear the Gospel of our Lord Jesus Christ
according to *N*.

All **Glory to you, O Lord.**

At the end

All This is the Gospel of the Lord.
Praise to you, O Christ.

All sit for a time of quiet for reflection.

The Prayers of Intercession

Extempore prayers may be offered, after which the President says

In the power of the Spirit let us pray to the Father
through Christ the saviour of the world.

For forgiveness for the many times we have denied Jesus,
let us pray to the Lord.

All Lord, have mercy.

For grace to seek out those habits of sin
which mean spiritual death,
and by prayer and self-discipline to overcome them,
let us pray to the Lord.

All Lord, have mercy.

For Christian people,
that through the suffering of disunity
there may grow a rich union in Christ,
let us pray to the Lord.

All Lord, have mercy.

For those who make laws, interpret them,
and administer them,
that our common life may be ordered
in justice and mercy,
let us pray to the Lord.

All Lord, have mercy.

For those who still make Jerusalem a battleground,
let us pray to the Lord.

All Lord, have mercy.

For those who have the courage and honesty
to work openly for justice and peace,
let us pray to the Lord.

All Lord, have mercy.

For those in the darkness and agony of isolation,
that they may find support and encouragement,
let us pray to the Lord.

All **Lord, have mercy.**

For those who, weighed down with hardship,
failure, or sorrow,
feel that God is far from them,
let us pray to the Lord.

All **Lord, have mercy.**

For those who are tempted to give up
the way of the cross,
let us pray to the Lord.

All **Lord, have mercy.**

That we, with those who have died in faith,
may find mercy in the day of Christ,
let us pray to the Lord.

All **Lord, have mercy.**

The prayers conclude with

The Trisagion

All **Holy God,
holy and strong,
holy and immortal,
have mercy upon us.**

¶ *The Liturgy of the Sacrament*

The Peace

Once we were far off,
but now in union with Christ Jesus
we have been brought near
through the shedding of Christ's blood,
for he is our peace.

All The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

You may wish to exchange a sign of peace with other members of your household.

The Preparation of the Table

The Taking of the Bread and Wine

President Jesus, true vine and bread of life,
ever giving yourself that the world might live,
let us share your death and passion:
make us perfect in your love.

All **Amen.**

The Eucharistic Prayer

President The Lord be with you.

All **And also with you.**

President Lift up your hearts.

All **We lift them to the Lord.**

President Let us give thanks to the Lord our God..

All **It is right to give thanks and praise.**

It is indeed right and just,
our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God,
through Jesus Christ our Lord.

For as the time of his passion
and resurrection draws near
the whole world is called to acknowledge
his hidden majesty.

The power of the life-giving cross
reveals the judgement that has come upon the world
and the triumph of Christ crucified.

He is the victim who dies no more,
the Lamb once slain, who lives for ever,
our advocate in heaven to plead our cause,
exalting us there to join with angels and archangels,
for ever praising you and saying:

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that bread broken and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life
and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Jesus Christ is Lord:

All **Lord, by your cross and resurrection**
you have set us free.
You are the Saviour of the world.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary,
James, Edmund and all the saints,
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All **Amen.**

The consecrated bread and wine are raised in the sight of the people.

The Lord's Prayer

President As we gather at the foot of the cross, we pray as
Jesus taught us, saying

**All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Agnus Dei

**All Lamb of God,
you take away the sins of the world,
have mercy on us.
Lamb of God,
you take away the sins of the world,
have mercy on us.
O Lamb of God,
you take away the sins of the world,
grant us your peace.**

The Breaking of the Bread

President Jesus said, 'I am the bread of life.
Whoever comes to me will never be hungry,
and whoever believes in me will never be thirsty.'

Spiritual Communion

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for any reason from sharing in a the Eucharist, nonetheless shares in communion with Jesus.

The forms of prayer below offer an opportunity to give thanks for our communion with him at times when one would ordinarily be present at the Eucharist. The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.

In making a Spiritual Communion, you may wish to pray all or part of the following, as you are able.

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen.

after the Prayer of St Richard of Chichester

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, fill me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesu hear me;
Within your wounds hide me;
let me never be separated from you;
From darkness protect me;
At the hour of my death, call me;
And bid me come to you;
That with your saints,
I may praise you to all eternity. Amen.

The 'Anima Christi'

The Prayer after Communion

After a time of silence, the President prays

Lord Jesus Christ,
you humbled yourself in taking the form of a servant,
and in obedience died on the cross for our salvation:
give us the mind to follow you
and to proclaim you as Lord and King,
to the glory of God the Father. **Amen.**

All **Faithful God,**
may we who share this banquet
glory in the cross of our Lord Jesus Christ,
our salvation, life and hope,
who reigns as Lord
now and for ever.
Amen.

The Blessing and Dismissal

Christ crucified draw you to himself,
to find in him a sure ground for faith,
a firm support for hope,
and the assurance of sins forgiven;
and the blessing of God almighty,
the Father, ✠ the Son, and the Holy Spirit,
be amongst you and remain with you always. **Amen.**

All Let us go in peace to love and serve the Lord.
In the name of Christ. Amen.